

**Zeitplan und Wettbewerbe**

Zeit	Männer	Frauen	MJ U18 / U20	WJ U18 / U20	MJ U16	WJ U16	MJ U14	WJ U14	MK U12	WK U12
17:00										50m
17:10									50m	
17:20								75m		
17:30							75m			
17:40						100m				
17:50					100m					
18:00		100m		100m						
18:10	100m		100m							
18:20		800m		800m						
18:30						800m		800m		800m
18:40	800m		800m							
18:50					800m		800m		800m	
19:00		200m		200m						
19:10	200m		200m							
19:20					300m	300m				
19:30										
19:40		400m		400m						
19:50	400m		400m							
20:00	3000m	3000m	3000m	3000m						